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| **Narrative Therapy Case Conceptualization** |

 **Date:**       **Clinician:**       **Client/Case #:**

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| **Introduction to Client & Significant Others**  |

*List all significant others who will be included in the case conceptualization.*

*Additional identifiers may include: religion, language, sexuality, immigration status, economic status, neurodiversity, chronic health conditions, client’s position/role within their system(s), significant hobbies/interests or similar information.*

**Adult(s)**

Adult Age: Gender:       Ethnoracial Identity:       Occupation:       Additional identifiers:

Adult Age: Gender:       Ethnoracial Identity:       Occupation:       Additional identifiers:

**Child(ren)**

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Others in Household/Family/Significant Persons:

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| **Presenting Concerns** |

*Describe each significant person’s description of the problem, focusing on OBSERVABLE behaviors:*

Adult Age:

Adult Age:

Child Age:

Child Age:

Additional:

*Broader System:* *Description of problem from extended family, referring party, school, legal system, etc.:*

Extended Family*:*

Name:

Name:

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| **Background Information** |

*Trauma/Abuse History (recent and past):*

*Substance Use/Abuse (current and past; self, family of origin, significant others):*

*Precipitating Events (recent life changes, first symptoms, stressors, etc.):*

*Related Historical Background (earlier incidents, family history, related issues, prior treatment, etc.):*

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| **Meeting Persons Apart from the Problem** |

*Describe who the person/people are apart from the problem: hobbies, interests, career, etc.:*

Adult Age:

Child Age:

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| **Problem-Saturated Narrative** |

*Describe how the problem is affecting the persons involved at all levels:*

* Personal level: emotional, behavioral, identity narrative, etc.:
* Relational level: conflicts or distance in significant relationships:
* Broader life circumstances: work, school, hobbies, etc.:

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| **Unique Outcomes/Sparkling Events** |

*Describe:*

* *Times, contexts, relationships, etc. when the problem is less of a problem or not a problem:*
* *The effect of persons on the problem: what things do people do that make the problem less of a problem?*

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| **Social Location and Dominant Discourses** |

*Dominant Discourses* informing definition of problem

* ***Ethnic, Race, Class, Immigration Status, and Religious Discourses:*** *How do key cultural discourses inform client identities, what is perceived as the problem, and possible solutions (be as specific as possible e.g., Italian American rather than White)?*
* ***Gender and Sexuality Discourses****: How do gender and sexuality discourses inform identities, what is perceived as a problem, and the possible solutions? How do these intersect with ethnicity, religion, or other identities?*
* ***Community, School, Work and/or Societal Discourses****: How do other important community discourses (e.g., physical/mental ability to interact with others, professional norms, school culture, societal trends, systemic racism, current events) inform client identities, what is perceived as a problem, and possible solutions?*

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| **Local/Alternative Narratives** |

* ***Identity/Self-Narratives:***: *How has the problem shaped the client’s identities?*

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| **Local or Preferred Discourses** |

*What is the client’s preferred identity narrative and/or narrative about the problem? Are there local (alternative) discourses about the problem that are preferred?*