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| **Jungian Analytic Psychology Conceptualization** |

**Date:**       **Clinician:**       **Client/Case #:**

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| **Introduction to Client & Significant Others** |

*List all significant others who will be included in the case conceptualization.*

*Additional identifiers may include: religion, language, sexuality, immigration status, economic status, neurodiversity, chronic health conditions, client’s position/role within their system(s), significant hobbies/interests or similar information.*

**Adult(s)**

Adult Age: Gender:       Ethnoracial Identity:       Occupation:       Additional identifiers:

Adult Age: Gender:       Ethnoracial Identity:       Occupation:       Additional identifiers:

**Child(ren)**

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Others in Household/Family/Significant Persons:

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| **Presenting Concerns** |

*Describe each significant person’s description of the problem, focusing on OBSERVABLE behaviors:*

Adult Age:

Adult Age:

Child Age:

Child Age:

Additional:

*Broader System:* *Description of problem from extended family, referring party, school, legal system, etc.:*

Extended Family*:*

Name:

Name:

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| **Background Information** |

*Trauma/Abuse History (recent and past):*

*Substance Use/Abuse (current and past; self, family of origin, significant others):*

*Precipitating Events (recent life changes, first symptoms, stressors, etc.):*

*Related Historical Background (earlier incidents, family history, related issues, prior treatment, etc.):*

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| **Ego Identity** |

*Describe how the client define and/or sees him/her/themself, along with any notable unconscious:*

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| **Collective Unconscious** |

*Describe any aspects of the collective unconscious that seem particularly notable in the client’s life. This may be related to cultural, racial, religious, or broader community themes or particular myths or fairy tales that seem to be playing out in the client’s life in some way:*      

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| **Awareness of Self** |

*To what degree and in what ways is the client aware of Self as conceptualized in Jungian analysis?*

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| **Shadow** |

*What elements of the Shadow are operating in the client’s life, either directly or indirectly related to the problem?*

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| **Archetypal and Mythical Themes** |

*Identify archetypal themes in dreams, imagery, and life patterns. These may be related to one or more of the following:*

Anima/Animus:

Hero:

Wise Old Man or Woman:

Trickster:

Other:

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| **Polarities** |

*Identify any polarities that may be related to presenting issues, such as those around:*

Work/Play:

Perfection/Failure:

Kindness/Cruelty:

Emotion/Logic:

Responsibility/Freedom:

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| **Complexes** |

*Describe any complexes or notable archetypal themes*:

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| **Personality Types** |

*Describe how the client’s functions in each of the four/eight areas of the Myers-Briggs, highlighting how particular dimensions may be related to the presenting issues:*

* Extravert/Intravert:
* Thinking/Feeling:
* Intuitive/Sensing:
* Judging/Perceiving: