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| **Feminist Case Conceptualization** |

**Date:**       **Clinician:**       **Client/Case #:**      

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| **Introduction to Client & Significant Others** |

*List all significant others who will be included in the case conceptualization.*

*Additional identifiers may include: religion, language, sexuality, immigration status, economic status, neurodiversity, chronic health conditions, client’s position/role within their system(s), significant hobbies/interests or similar information.*

**Adult(s)**

Adult Age: Gender:       Ethnoracial Identity:       Occupation:       Additional identifiers:

Adult Age: Gender:       Ethnoracial Identity:       Occupation:       Additional identifiers:

**Child(ren)**

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Others in Household/Family/Significant Persons:

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| **Presenting Concerns** |

*Describe each significant person’s description of the problem:*

Adult Age:

Adult Age:

Child Age:

Child Age:

Additional:

*Broader System:* *Description of problem from extended family, referring party, school, legal system, etc.:*

Extended Family*:*

Name:

Name:

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| **Background Information** |

*Trauma/Abuse History (recent and past):*

*Substance Use/Abuse (current and past; self, family of origin, significant others):*

*Precipitating Events (recent life changes, first symptoms, stressors, etc.):*

*Related Historical Background (earlier incidents, family history, related issues, prior treatment, etc.):*

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| **Personal As Political/Political As Personal** |

*Describe how the client’s presenting problem relates to broader political and social contexts and how the political affects the client’s personal life*

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| **Politics of Diagnosis** |

*Describe political and social considerations related to the client’s DSM diagnosis*

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| **Gender Roles** |

*Describe how gender role expectations are affecting the client related to the presenting problems*

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| **Self-in-Relation** |

*Describe how significant relationships have shaped the client’s sense of Self*

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| **Marginalization and Oppression** |

*Describe the ways the client may be experiencing a sense of marginalization and oppression.These experiences may vary from context to context (work, home, community, etc.)*

Race:

Culture:

Gender:

Sexual orientation:

Economic class:

Religion:

Ability:

Age:

Other:

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| **Relational Images** |

*Describe significant relational constructs and expectations based on early life relationships. Are there controlling images that evoke shame or disempowerment?*

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| **Relational Resilience and Courage** |

*Is client able to reconnect following disconnection and empathic failures in significant relationships?*

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| **“Mattering” and Connection** |

*Does client feel as though he/she matters to significant others and is there a sufficient sense of connection with others?*

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| **Disconnection Strategies and the Central Relational Paradox** |

*Describe strategies for disconnecting for others when feeling vulnerable*

*Is shame or disempowerment related to the pattern of disconnection? Does the client know how to safely reconnect?*