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| **Systemic Case Conceptualization 3.0** |

**Date:**  **Clinician:**       **Client #:**

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| **Introduction to Client & Significant Others**  |

*List all significant others who will be included in the case conceptualization.*

*Additional identifiers may include: religion, language, sexuality, immigration status, economic status, neurodiversity, chronic health conditions, client’s position/role within their system(s), significant hobbies/interests or similar information.*

**Adult(s)**

Adult Age: Gender:       Ethnoracial Identity:       Occupation:       Additional identifiers:

Adult Age: Gender:       Ethnoracial Identity:       Occupation:       Additional identifiers:

**Child(ren)**

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Child Age: Gender:       Ethnoracial Identity:       School/Grade:       Additional identifiers:

Others in Household/Family/Significant Persons:

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| **Presenting Concerns** |

*Client’s Description(s) of Problem(s); focus on OBSERVABLE behaviors:*

Adult Age:

Adult Age:

Child Age:

Child Age:

Child Age:

*Family Description(s) of Problems (extended):*

*Broader System:* *Description of problem from extended family, referring party, school, legal system, etc.:*

Extended Family*:*

Name:

Name:

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| **Background Information** |

*Trauma/Abuse History (recent and past):*

*Substance Use/Abuse (current and past; self, family of origin, significant others):*

*Precipitating Events (recent life changes, first symptoms, stressors, etc.):*

*Related Historical Background (family history, related issues, previous counseling, medical/mental health history, etc.):*

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| **Strengths** |

*Describe individual and family strengths:*

Individual:

Family:

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| **Family Life Cycle** |

*Describe stage of family life cycle and significant struggles related to balancing independence with interdependence, and explain client’s definition of term listed*

[ ]  Single adult:

[ ]  Committed relationship(s) (including marriage):

[ ]  Family with Young Children:

[ ]  Family with Adolescent Children:

[ ]  Divorce:

[ ]  Blended Family:

[ ]  Launching Children:

[ ]  Later Life:

*Describe struggles with mastering developmental tasks in one or more of these stages:*

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| **Boundaries** |

*Describe boundaries (enmeshed, disengaged, clear) with significant persons in client’s life, including:*

* Parents:
* Siblings:
* Significant other:
* Children:
* Extended Family:
* Friends:

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| **Triangles/Coalitions** |

*Describe significant triangles and coalitions*

[ ]  members: description

*Example of pattern:*

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| **Hierarchy** |

*Describe hierarchies (effective, permissive, rigid, inconsistent) with children and/or parents:*

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| **Complementary Patterns** |

*Describe complementary patterns in relationships, such as:*

[ ]  Pursuer/Distancer:

[ ]  Over/under-functioner:

[ ]  Emotional/logical:

[ ]  Good/bad parent:

[ ]  Other:

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| **Intergenerational Patterns** |

*Describe significant intergenerational patterns:*

[ ]  Family strengths:

[ ]  Substance/alcohol abuse:

[ ]  Sexual/physical/emotional abuse:

[ ]  Parent/child relations:

[ ]  Physical/mental disorders:

[ ]  Historical incidents of presenting problem: